



BUTEYKO BREATHING CLINICS COURSE SCHEDULE AUCKLAND May – October 2012

DATES	LOCATION	TIMES
Monday 14 th May - Thursday 17 th May	Buteyko Breathing Clinic	11:00 - 12:30 pm 6:00 - 7:30 pm
Monday 28 th May - Thursday 31 st May	Buteyko Breathing Clinic	4:00 - 5:30 pm 6:00 - 7:30 pm
Monday 18 th June - Thursday 21 st June	Buteyko Breathing Clinic	11:00 - 12:30 pm 6:00 - 7:30 pm
School holiday programme Course Monday 2 nd July - Thursday 5 th July	Buteyko Breathing Clinic	11:00 - 12:00 noon 3:00 - 4:00 pm
Monday 23 rd July - Thursday 27 th July	Buteyko Breathing Clinic	4:00 - 5:30 pm 6:00 - 7:30 pm
Monday 30 th July - Thursday 2 nd Aug	Buteyko Breathing Clinic	11:00 - 12:30 pm 6:00 - 7:30 pm
Monday 13 th Aug - Thursday 16 th Aug	Buteyko Breathing Clinic	4:00 - 5:30 pm 6:00 - 7:30 pm
Monday 27 th Aug - Thursday 30 th Aug	Buteyko Breathing Clinic	11:00 - 12:30 pm 6:00 - 7:30 pm
Monday 17 th Sept - Thursday 20 th Sept	Buteyko Breathing Clinic	4:00 - 5:30 pm 6:00 - 7:30 pm
School holiday programme Course Monday 1 st Oct - Thursday 4 th Oct	Buteyko Breathing Clinic	11:00 - 12:00 pm 3:00 - 4:00 pm
Monday 22 nd Oct - Thursday 25 th Oct	Buteyko Breathing Clinic	11:00 - 12:30 pm 6:00 - 7:30 pm

Auckland course and seminar location details:

- Buteyko Breathing Clinic - 20 Arthur Street, Freemans Bay, Auckland

For information and bookings contact the Buteyko Clinic on:

T: 09-360 6291

info@buteykobreathing.co.nz